

## HK Professional Certification Training & Materials

*Successful completion of the Heritage Keeper Certification Program is required before purchasing the curriculum or implementing any program.*

### Professional Certification Training In Canada

To bring the Heritage Keeper program to Canada, PEACE is working with the program developers, to host...

### Heritage Keeper Professional Certification Training

Toronto, (location TBD)

Mon. Nov. 26 - Wed. Nov. 28

8:30 am – 5 pm

Cost – see chart

All who successfully complete the program are qualified to teach the Heritage Keeper Abstinence in Education Program. In addition they may become an 'Agent of PEACE', working to implement the PEACE System in their communities.

Each person requesting Professional Certification Training is required to purchase a Heritage Keepers® Abstinence Education Teacher Kit and complete a 3-day professional training. Once the training is complete, additional student materials may be purchased as you begin to implement the programs.

Toronto Training November 26 – 28, 2018	Price
3 days training (8:30 am to 5 pm) in Toronto Ontario. Specific location TBD	\$ 700 / person, Plus, 1 HK® Ab Ed / Teacher Kit* (below) required per trainee.

### Heritage Keepers® (HK®) Abstinence Education Materials

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	Teacher Kits	Price	Student Manuals	Price
<b>Core Required Curriculum – HK Abstinence Education I Kit</b> Kit includes: <ul style="list-style-type: none"> <li>○ Training Manual; Teacher Manual &amp; one Student Manual;</li> <li>○ <i>Sex, Lies &amp; Hook Ups: A Parent's Guide for Fighting Back;</i></li> <li>○ <i>Sex, Lies &amp; Hook Ups: A Teen's Guide for Fighting Back;</i></li> <li>○ 3 STD presentation files (male only, female only, &amp; both);</li> </ul>	Teacher Kit*	\$475 +S&H	Student Manual (min. order 30)	\$10.00 each +S&H

<ul style="list-style-type: none"> <li>○ <i>Preview of a Birth</i> - human development video;</li> <li>○ 36 dice for class activity;</li> <li>○ 100 SAFE cards;</li> <li>○ 1 bottle phenolphthalein for class activity;</li> <li>○ 5 Parent Take Home worksheets;</li> <li>○ <i>30 Benefits of Marriage</i>;</li> <li>○ 2 curriculum demonstration videos</li> </ul> <p>Available in English or Spanish  French is coming – we are working to have the student resources and teacher manual in French for the fall of 2018.</p>				
<p><b><i>Follow-up - HK® Abstinence Education II</i></b>  This is an add-on to the Level I Teacher Kit above. It is useful when instructing students who have completed Level 1</p> <p>If you do not have a complete level I Teacher kit, then that teacher kit must also be purchased.</p>	Teacher Kit	\$175 +S&H	Student Manual (min. order 30)	\$11.00 each +S&H

# Heritage Keepers Abstinence Education

Heritage Keepers Abstinence Education I (grades 6-12)  
Heritage Keepers Abstinence Education II (grades 9-12)

The curricula were developed to equip and empower adolescents to abstain from sexual activity outside of marriage. They can be effectively implemented as stand alone programs, or used as part of a more systemic process model with additional school and community-based components.

The goal of the Heritage Keepers Abstinence Education program is to reduce the number of teens initiating sexual activity and increase the number of sexually active teens returning to abstinence. Heritage uses theoretical models and various methodologies in program implementation. The Heritage Keepers® Abstinence Education program encourages teens to develop a strong sense of personal identity and worth, set protective boundaries, resist negative peer pressure, determine and protect personal values and goals, and set high standards for themselves. A significant amount of the curriculum focuses on reproduction and sexually transmitted diseases (STDs), specifically discussing STD symptoms, treatments/cures, and prevention). Condom efficacy is also explained in relation to each STD.

Heritage Keepers educators are trained to address the varying levels of sexual experience among teens including sensitivity to those who may have been sexually assaulted or abused. This holistic curriculum has received overwhelmingly positive feedback from students who have gone through the course, with post program interviews indicating that more than 90% of participating students strongly liked the program and instructor and would recommend it to a friend.

The Heritage Keepers curriculum has been approved by the Medical Institute for Sexual Health and the US Department of Health and Human Services, Office of Population Affairs, for medical accuracy and scientific referencing. Heritage ensures that the curriculum is research-based with over 80 references from widely accepted social science research to support curriculum information. The Heritage Keepers® curricula have long been approved by ASCEND (previously the National Abstinence Education Association), and before that, by the National Abstinence Clearinghouse for adherence to US federal legislative requirements for abstinence education as set forth in [Section 510\(b\) of Title V of the Social Security Act](#). The Heritage Keepers® program also meets all 66 standards of the [CDC-funded SMARTool](#) (Systematic Method for Assessing Risk-avoidance Tool).

## Evidence Based – Proven to Work

Extensive behavioral studies indicate that one year after Heritage Keepers®, **program students initiated sex at a rate 67% lower than well-matched non-program students**. This particular study was of 2,215 students in 41 SC schools, and the population of the study was 63% African American. Strong program outcomes have been found across age, gender and race in rural, urban and suburban settings.

