

Heritage Keepers® Professional Certification Training In Canada!

**Toronto (location TBD)
December 3 to 5, 2018
Mon, Tues. & Wed. 8:30 am – 5 pm
Cost – see chart**

Who is Heritage Keepers® Training for?

This curriculum training is for those wanting to become a certified facilitator and plan, organize and teach this sexual risk avoidance curriculum to youth, ages 10 -18. This would include, but is not limited to, educators, youth workers, youth pastors, public health educators, counsellors, leaders in faith-based organizations, and pregnancy resource center counsellors.

All who successfully complete the program are qualified to teach the Heritage Keepers® Abstinence in Education Program. These people may do so through their organization, or they may become an ‘Agent of PEACE’, working to implement the PEACE System in their communities.

Each person requesting Professional Certification Training is required to purchase a Heritage Keepers® Abstinence Education Teacher Kit and complete a 3-day professional training. Once the training is complete, additional student materials (\$10 per student manual) may be purchased as you begin to implement the programs.

Toronto Training	Price
December 3, 4, 5, 2018	
3 days training (8:30 am to 5 pm) Toronto, Ontario Specific location TBD	Training Fee: \$700 / person, Plus one HK Abstinence Education Teacher Kit. HK Teacher Kit options: <ul style="list-style-type: none"> • Full Kit (\$475) – contains all of the materials for one person to implement the HK program. This kit should be purchased by the first person attending from one organization. ○ Partial Kit (\$175) – This is a scaled-down support kit containing materials needed to take the training. Ideally ordered by additional people attending from the same organization. <p style="text-align: center;">See Teacher Kit details below</p>

Heritage Keepers® (HK®) Abstinence Education Kits

Each trainee must purchase one of the teacher kits listed. It is recommended that the first person attending from an organization order the Full Kit. Additional trainees from the same organization only need to order the Partial Kit. Kits will be ready at the training so shipping and handling fees will not apply.

Resource Material Kits	Price
<p>Full HK Abstinence Education I Kit</p> <p>Contains the materials (manuals, games, videos, USB stick with Power Point, etc) for one person to implement the HK program – additional student manuals may be ordered once a person is certified.</p> <p>Full Kit includes:</p> <ul style="list-style-type: none"> ○ Training Manual, Teacher Manual, one Student Manual, program Training Guide ○ <i>Sex, Lies & Hook Ups: A Parent's Guide for Fighting Back;</i> ○ <i>Sex, Lies & Hook Ups: A Teen's Guide for Fighting Back;</i> ○ 3 STD presentation files (male only, female only, & both); ○ <i>Preview of a Birth</i> - human development video; ○ 36 dice for class activity; ○ 100 SAFE cards; ○ 1 bottle phenolphthalein for class activity; ○ 5 Parent Take Home worksheets; ○ <i>30 Benefits of Marriage;</i> ○ 2 curriculum demonstration videos ○ USB with power point <p>Available in English, Spanish & French</p> <p>NOTE 1: French student manuals should be available for fall of 2018.</p> <p>NOTE 2: Shipping and handling will not be applied if you are picking up at the training.</p> <p>NOTE 3: Once certified, additional student manuals may be purchased for \$10 each, plus shipping.</p>	<p>\$475 +S&H</p>

Partial Teacher Kit - This is a scaled-down kit containing resources needed for the training course (Teacher Manual, Student Manual, Program Training Guide, Safe Cards, etc), This may be ordered by additional people attending from the same organization.

Available in English, Spanish & French

NOTE 1: French Student Manuals should be available for fall of 2018.

NOTE 2: Shipping and handling will not be applied if you are picking up at the training

NOTE 3: Once certified, additional student manuals may be purchased for \$10 each, plus shipping.

\$175
+S&H

Heritage Keepers Abstinence Education

Heritage Keepers Abstinence Education I (grades 6-12)

Heritage Keepers Abstinence Education II (grades 9-12)

The curricula were developed to equip and empower adolescents to abstain from sexual activity outside of marriage. They can be effectively implemented as stand alone programs, or used as part of a more systemic process model with additional school and community-based components.

The goal of the Heritage Keepers® Abstinence Education program is to reduce the number of teens initiating sexual activity and increase the number of sexually active teens returning to abstinence. Heritage uses theoretical models and various methodologies in program implementation. The Heritage Keepers® Abstinence Education program encourages teens to develop a strong sense of personal identity and worth, set protective boundaries, resist negative peer pressure, determine and protect personal values and goals, and set high standards for themselves. A significant amount of the curriculum focuses on reproduction and sexually transmitted diseases (STDs), specifically discussing STD symptoms, treatments/cures, and prevention). Condom efficacy is also explained in relation to each STD.

Heritage Keepers educators are trained to address the varying levels of sexual experience among teens including sensitivity to those who may have been sexually assaulted or abused. This holistic curriculum has received overwhelmingly positive feedback from students who have gone through the course, with post program interviews indicating that more than 90% of participating students strongly liked the program and instructor and would recommend it to a friend.

The Heritage Keepers® curriculum has been approved by the Medical Institute for Sexual Health and the US Department of Health and Human Services, Office of Population Affairs, for medical accuracy and scientific referencing. Heritage ensures that the curriculum is research-based with over 80 references from widely accepted social science research to support curriculum information. The Heritage Keepers® curricula have long been approved by ASCEND (previously the National Abstinence Education Association), and before that, by the National Abstinence Clearinghouse for adherence to US federal legislative requirements for abstinence education as set forth in Section 510(b) of Title V of the Social Security Act. The Heritage Keepers® program also meets all 66 standards of the CDC-funded SMARTool (Systematic Method for Assessing Risk-avoidance Tool).

Evidence Based – Proven to Work

Extensive behavioral studies indicate that one year after Heritage Keepers®, **program students initiated sex at a rate 67% lower than well-matched non-program students**. This particular study was of 2,215 students in 41 SC schools, and the population of the study was 63% African American. Strong program outcomes have been found across age, gender and race in rural, urban and suburban settings.

